

How do I contact the Ethicist?

You can contact the Ethicist, in confidence, by e-mail or phone at:

E-mail: ethics@cvh.on.ca

Phone: 905-813-1100, ext. 4482.

More information available on the CVH Internet at www.cvh.on.ca



Feedback from Patients/ Family Members Involved in Ethics Consults¹

The Ethicist “made us feel we were not alone in making a difficult decision.”

The discussion with the Ethicist helped “to take the weight off the shoulders of the family and decreased the guilt we felt.”

The Ethicist “helped us weigh the options more objectively.”

¹ Orr, R. D., Morton, K. R., deLeon, D. M., & Fals, J. C. (1996). Evaluation of an Ethics Consultation Service: Patient and Family Perspective. *American Journal of Medicine*, 101(2), 135-141.

From the north: Take Hwy. 401 (from east or west) and exit at Mississauga Road. Turn south continuing straight onto Erin Mills Parkway. Continue driving south for about ten minutes. Credit Valley is located at the corner of Erin Mills Parkway and Eglinton Avenue West.



From the south: Take the QEW (from east or west) and exit at the Erin Mills Parkway exit. Drive north for about ten minutes. Credit Valley is the first exit past the Hwy. 403 on ramp.

From the east: Take Hwy. 403 and exit at Erin Mills Parkway. Turn right onto Erin Mills Parkway. The main entrance to Credit Valley is past the first set of traffic lights.

From the west: Take Hwy. 403 and exit at Erin Mills Parkway. Turn left onto Erin Mills Parkway. The main entrance to Credit Valley is past the first set of traffic lights.



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Ethics Program Information for Patients & Families

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2200 Eglinton Avenue West
Mississauga, ON L5M 2N1
(905) 813-1100 ext. 4482
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What is ethics?

Ethics is about making “right” or “good” choices and the reasons that we give for our choices and actions. Ethics helps us answer the question: “What should we do and why?”

Everyone has a role to play in ensuring the ethical delivery of care, from bedside to boardroom. The Credit Valley Hospital is committed to providing quality compassionate care to the community it serves. Ethical principles and values are incorporated into the way that decisions are made and care is delivered every day.

How can an Ethicist help me or my family?

While in hospital you may be faced with making difficult treatment decisions for yourself or a family member. The Ethicist’s role is to facilitate good decision-making processes and support individuals through those processes.

The ethicist may be able to help you ...

- Identify the information you need to make a treatment decision
- Understand the ethical and legal implications of your treatment decision
- Explore the benefits and burdens of different treatment options
- Link you with other persons and resources within and outside the organization

When might I consider contacting an Ethicist?

First, you should discuss any treatment decisions with your health care team. After having discussed your treatment decisions with your health care team, you may wish to contact the Ethicist for any of the following reasons:

- If you are uncertain about what decision should be made
- If there are differences of opinion about what decision should be made
- If you would like to explore further the ethical and legal aspects of a decision

The first step in the evolution of ethics is a sense of solidarity with other human beings.

Albert Schweitzer