

THE DIABETES CARE TEAM

Endocrinologist - Physician specializing in diabetes, caring for adults

Pediatricians - Physicians with special interest in diabetes, caring for children

Dietitian - Provides education on how food affects your blood sugars. Assess your present food habits and helps you to maintain a healthy lifestyle, while enjoying your favourite foods.

Diabetes Nurse Educator - Provides education on physiology of diabetes, monitoring your blood sugars and understanding your medications. Individualizes your diabetes regimen to fit your lifestyle.

Social Workers - Provides support to deal with the diagnosis of diabetes as well as any social or emotional difficulties that may arise.

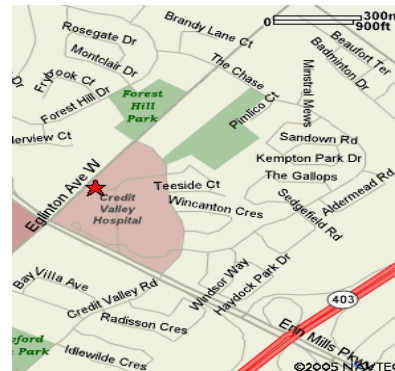
Chiropodist - provides assessment and treatment of feet.

Diabetes Care Centre
Credit Valley Hospital
2200 Eglinton Avenue West
Mississauga On
L5M 2N1

Hours of Operation:

Monday to Friday

8:00 am to 6:00 pm



CREDIT VALLEY
THE CREDIT VALLEY HOSPITAL

DIABETES CARE CENTRE

For Adults and Children With Diabetes



For Information

call (905) 813-1576

fax (905) 813-4052

Email:

diabetes@cvh.on.ca

WHAT IS DIABETES EDUCATION?

Diabetes Education enables individuals to manage their diabetes to the full extent of their abilities.

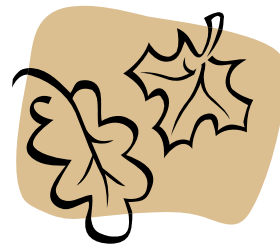
The Credit Valley Hospital Diabetes Care Centre provides comprehensive health education and counseling services to inpatient and outpatient individuals with diabetes and their families.

WHAT IS DIABETES?

Diabetes is a life long disease marked by elevated levels of sugars in the blood. This is due to the body not producing enough insulin or using the insulin it produces ineffectively (insulin resistance).

YOUR DIABETES EDUCATION TEAM CAN TEACH YOU HOW TO :

- Learn more about diabetes
- Plan appropriate meals
- Test blood sugar levels and attain control
- Understand diabetes medications
- Administer insulin (if necessary)
- Choose appropriate exercise
- Prevent or delay diabetes complications
- Read food labels



PROGRAMS OFFERED:

To facilitate each patient's needs, our programs are designed to identify the best learning approach per individual:

- Individual counseling
- Pre-diabetes program
- One day comprehensive program
- Evening programs
- Children's Clinics
- Pump Program
- Teen Transitional Program
- Gestational Clinics
- Exercise program
- South Asian Diabetes program
- MDI/Carb counting program

Referral Process

To attend any program offered, a written referral is required by a physician.